

**BREADS DIPPING OIL**  
Warm breads, Infused Oils & Balsamic £4.50  
**MANZANILLA & GORDAL OLIVES**  
Served Natural £4.00

## SUNDAY LUNCH

SERVED SUNDAYS  
12 - 6  
Booking Essential

# THE RIGHTS OF MAN

*Bar And Dining*

LEWES SUSSEX ENGLAND

## SET LUNCH MENU

SERVED MONDAY TO FRIDAY  
12 - 3  
2 Courses 15.00 - 3 Courses 18.00

## MONMOUTHSHIRE CHARCUTERIE

Plate Of Cured Meats From  
Trealy Farm £9.50

## A LA CARTE



### STARTERS

- Soup Of The Day**  
Warm Focaccia & Maldon Salt Butter £6.50
- Seared Scallops**  
Blood Orange & Butter Sauce, Pancetta & Salsify £8.50
- Chicken Satay**  
Hoisin, Peanut Sauce & Asian Chilli Slaw £8.00
- Fig & Goats Cheese Salad**  
Toasted Pine Nuts, New Season Potatoes & Watercress £7.50

### MAINS

- Pan Roasted Lamb Rump**  
Bombay Fondant Potato, Yoghurt & Mint Spinach, Pomegranate & Coriander Cress £16.50
- Pan Roasted Sea Bream**  
Chorizo & Chilli Gnocchi, Haricot Verts & Red Wine Jus £15.00
- Spinach & Ricotta Tortellini**  
Sun Dried Tomato & Basil Butter, Wild Rocket £13.50
- Garlic & Sage Roasted Pork Chop**  
Lightly Spiced Ratatouille, Parmentier Potatoes & Cider Jus £15.50

## TAPAS

### — APPETISERS —

- Marinated Manchego**  
Semi cured cheese with garlic & chilli £4.50
- Boquerones En Vinagre**  
Marinated anchovies, garlic and olive oil £5.50
- Jamon Iberico Bellota**  
Premium, acorn fed, Iberian pork £7.20
- Pimientos Del Padron**  
Small green pepper & Maldon salt £5.50

### — ESDE LA MAR: FROM THE SEA —

- Puntillas De Calamar**  
Deep fried baby squid, lemon & garlic £6.50
- Gambas A La Pancha**  
Prawns, olive oil, garlic, white wine & lemon £6.00
- Sardinas y Chimchiri**  
Grilled Sardines & Chimchiri £6.50
- Croquetas Fruto De Mar**  
Seafood croquettes £6.30
- Pastéis De Bacalhau**  
Salt cod fritters, parley & saffron aioli £6.00
- Calaramri Ragù**  
Braised squid, garlic, tomato & herbs £6.00

### — DESDE LA PASTOS :FROM THE PASTURES —

- Croquetas De Jamon**  
Cured ham croquettes £6.30
- Chorizo A La Vino Tinto**  
Chorizo braised in red wine & shallots £6.10
- Hombro De Cerdo Picanta**  
Spicy pork with smoked paprika & garlic £6.60
- Chorizo y Pimiento Rojo Tortilla**  
Chorizo & red pepper tortilla £5.60
- Pollo Al Ajillo**  
Chicken with garlic, tomato & white wine £6.00
- Albóndigas Picantes**  
Meatballs in a luscious spicy tomato sauce £6.00

### — DE LA TIERRA :FROM THE LAND —

- Champinones Al Ajillo**  
Mushrooms & garlic & White Wine £5.00
- Patatas Bravas**  
Double fried potatoes with tomato & paprika £5.00
- Croquetas De Spinach**  
Spinach Croquettes £6.30
- Seta y De Oliva Tortilla**  
Mushroom & olive tortilla £5.50
- Patatas Alioli**  
Double fried garlic potatoes £5.00
- Judías Verdes y Tomates**  
String beans with tomatoes and garlic £5.25

### — PAELLES —

Minimum For 2 People (price is per person)  
£8.50

**CARNE**  
CHICKEN & CHORIZO PAELLA

**MARISCO**  
SEAFOOD PAELLA

**VERDURA**  
VEGETABLE PAELLA

### — CONDIMENTOS —

Chimchiri £2

Garlic Aioli £2

Saffron Aioli £2



### — STEAK —

#### 28 DAY ACED RIB EYE

Triple Cooked Chips, Parmesan & Rocket Salad  
Garlic Butter, Chimchiri or Peppercorn Sauce £18.00

### — TRADITIONAL KEEPERS —

- Harveys IPA Battered Cod**  
Triple Cooked Chips, Pea Purée, Sauce Tartare  
£14.50
- Butchers Sausages**  
Olive Oil Mash, Bacon, Lyonnaise Onions & Stout  
Gravy £13.50

### — SANDWICHES —

#### SERVED 12-3 MON - SAT

Served On Either Malt or Rye Sourdough, Bagel or Ciabatta  
With Homemade Coleslaw and Dressed Rocket

- Smoked Streaky Bacon & Brie £7.00
- Proper Fish Finger & Tartare £7.00
- Prawn Mayonnaise & Rocket £7.50
- Mature Cheddar & Real Ale Chutney £6.50
- Grilled Chorizo, Red Pepper & Rocket £7.50
- Goats Cheese & Apple, Ale & Chilli Chutney £6.50
- Homemade Salt Beef Bagel, Pickle & Mustard £7.50

### DESSERTS

Dark Chocolate, Amaretto & Almond Terrine £7.00  
Dark Chocolate Sauce, Almond Crumb & Madagascar Vanilla

Summer Berry Posset £6.50  
Coulis & Berry Ice Cream

English Cheeses £7.00  
Golden Cross, Tunworth, Brighton Blue, Keens Cheddar & Chutney

Sticky Toffee Pudding £6.50  
Toffee Sauce & Clotted Cream

### — HOUSE BURGERS —

*Served Fully Loaded With Brioche Bun or Onion Rings*

#### 8OZ BEEF

Pancetta, Swiss Cheese, Chutney Paprika Mayo, Rocket &  
French Fries £13.50

#### PULLED PORK

Spiced Pulled Pork. Bacon Mayo, Chutney, Rocket & French  
Fries £14.00

#### VEGAN EARTH BURGER

Mediterranean Vegetable & Lentil Burger  
Chutney, Chimchiri & French Fries £13.50

#### BUTTER MILK CHICKEN

Crispy Chicken Breast, Garlic Mayonnaise, Rocket & French  
Fries £13.50